

Safe Use & Inspection of Ladders and Steps



Duration ½ day



PPE required



ID card & certificate provided



On site training available

Aims:

- To state the main aims of the Health & Safety at Work Acts 1974, guidance notes and any associated regulations
- To enable the user to understand their responsibilities for working and creating safe systems while using this type of access equipment

Content:

- Introduction – *why the need for training?*
- Health & Safety at Work Act 1974 (sections 2 & 7)
- Construction (Health, Safety & Welfare) Regulation 1996
- RIDDOR Regulations 1995
- HSE GS31 – *Ladders, steps and staging*
- BS 1129 1982 – *Portable Timber Ladders, Steps, Trestle and Staging*
- Ladder sections – *correct overlap*
- Introducing systems of inspection
- Correct ladder angles
- Tying of ladders
- Use of ladders / steps
- Hazards – *accidents*
- Safe systems of work
- Storage of ladders
- Footing and carrying
- Assessment paper